

1. What was / has been your occupation before entering politics?

I am a Registered Massage Therapist and a Municipal Councillor in Stirling-Rawdon.

2. Do you live in the riding and, if so, how long has it been your home?

I was born and raised in HLA and have lived here all my life. I recently moved into the first house outside of HLA.

3. What has been your main involvement with your community outside of work (volunteer activities, etc.)?

Being an advocate for social, environmental, economic change; volunteering for politics; running as the candidate for the GPO & founding the first GPO CA in HLA.

4. In your life what event, or book, or speech, or song or even TV show has made the biggest impression on you and your political thinking? Why?

1984. Because we can see the endless similarities between Orwell's "Big Brother" fascist controlled police state dystopia from and our current governance systems.

5. What previous politician, (alive or dead, but not currently in parliament) is a role model for you?

Princess Diana taught me that even Princesses, who are supposed to be tightly suppressed into a compacted box of conformity, can cast off the shackles, break open the mold and follow the calling in their heart no matter how many royal Princes, Kings or Queens tell you you're wrong. Watching Princess Diana interact and care for her public and those in need while being scolded for breaking Royal protocol taught me that sometimes others will slander and try to break you for doing the right thing. Do the right thing anyway.

6. What policy in your party's platform do you think matters most to the people in your riding?

Mission Possible. Without a healthy planet, there is no economy or society. Constituents in HLA understand and are experiencing the effects of climate change. With increases in intensity and duration of flooding & droughts, growing season disruptions, shifts in migration patterns of wildlife, loss of wildlife and their habitats, declining health of our ecosystems etc., our immediate livelihoods and homes are being effected. Municipalities are paying high costs to repair damages to infrastructure through climate change. The Green Party is the only party that has a solid step-by-step guide to mitigate climate change and lower emissions effectively.

7. Recent polls suggest many Canadians are disillusioned with politics. If elected, what would you do to address those concerns?

I would begin engaging the disengaged voter. I would reach out to the youth in the community and seek their engagement and input on community issues. I would get to know my disillusioned constituents and begin to slowly build their trust, demonstrating through my words, actions, and deeds, that not *all* politicians “are the same” and some of us truly do believe in standing up for truth and highest good of all.